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to the licensee or other entity, to ensure continuity and consistency in the recommendations and their implementation.

Subpart I—Managing Fatigue

§ 26.201 Applicability.

The requirements in this subpart apply to the licensees and other entities identified in §26.3(a), and, if applicable, (c) and (d). The requirements in §26.203 and 26.211 apply to the individuals identified in §26.4 (a) through (c). In addition, the requirements in §26.205 through §26.209 apply to the individuals identified in §26.4(a).

§26.203 General provisions.

- (a) Policy. Licensees shall establish a policy for the management of fatigue for all individuals who are subject to the licensee's FFD program and incorporate it into the written policy required in §26.27(b).
- (b) Procedures. In addition to the procedures required in §26.27(c), licensees shall develop, implement, and maintain procedures that—
- (1) Describe the process to be followed when any individual identified in §26.4(a) through (c) makes a self-declaration that he or she is not fit to safely and competently perform his or her duties for any part of a working tour as a result of fatigue. The procedure must—
- (i) Describe the individual's and licensee's rights and responsibilities related to self-declaration;
- (ii) Describe requirements for establishing controls and conditions under which an individual may be permitted or required to perform work after that individual declares that he or she is not fit due to fatigue; and
- (iii) Describe the process to be followed if the individual disagrees with the results of a fatigue assessment that is required under §26.211(a)(2);
- (2) Describe the process for implementing the controls required under §26.205 for the individuals who are performing the duties listed in §26.4(a);
- (3) Describe the process to be followed in conducting fatigue assessments under § 26.211; and
- (4) Describe the disciplinary actions that the licensee may impose on an in-

dividual following a fatigue assessment, and the conditions and considerations for taking those disciplinary actions.

- (c) Training and examinations. Licensees shall add the following KAs to the content of the training that is required in §26.29(a) and the comprehensive examination required in §26.29(b):
- (1) Knowledge of the contributors to worker fatigue, circadian variations in alertness and performance, indications and risk factors for common sleep disorders, shiftwork strategies for obtaining adequate rest, and the effective use of fatigue countermeasures; and
- (2) Ability to identify symptoms of worker fatigue and contributors to decreased alertness in the workplace.
- (d) Recordkeeping. Licensees shall retain the following records for at least 3 years or until the completion of all related legal proceedings, whichever is later:
- (1) Records of work hours for individuals who are subject to the work hour controls in §26.205;
- (2) Records of shift schedules and shift cycles of individuals who are subject to the work hour controls in §26.205;
- (3) The documentation of waivers that is required in §26.207(a)(4), including the bases for granting the waivers;
- (4) The documentation of work hour reviews that is required in 26.205(e)(3) and (e)(4); and
- (5) The documentation of fatigue assessments that is required in §26.211(g).
- (e) Reporting. Licensees shall include the following information in a standard format in the annual FFD program performance report required under §26.717:
- (1) A summary for each nuclear power plant site of all instances during the previous calendar year when the licensee waived the work hour controls specified in §26.205(d)(1) through (d)(5)(i) for individuals described in §26.4(a). The summary must include only those waivers under which work was performed. If it was necessary to waive more than one work hour control during any single extended work period, the summary of instances must include each of the work hour controls that were waived during the period.